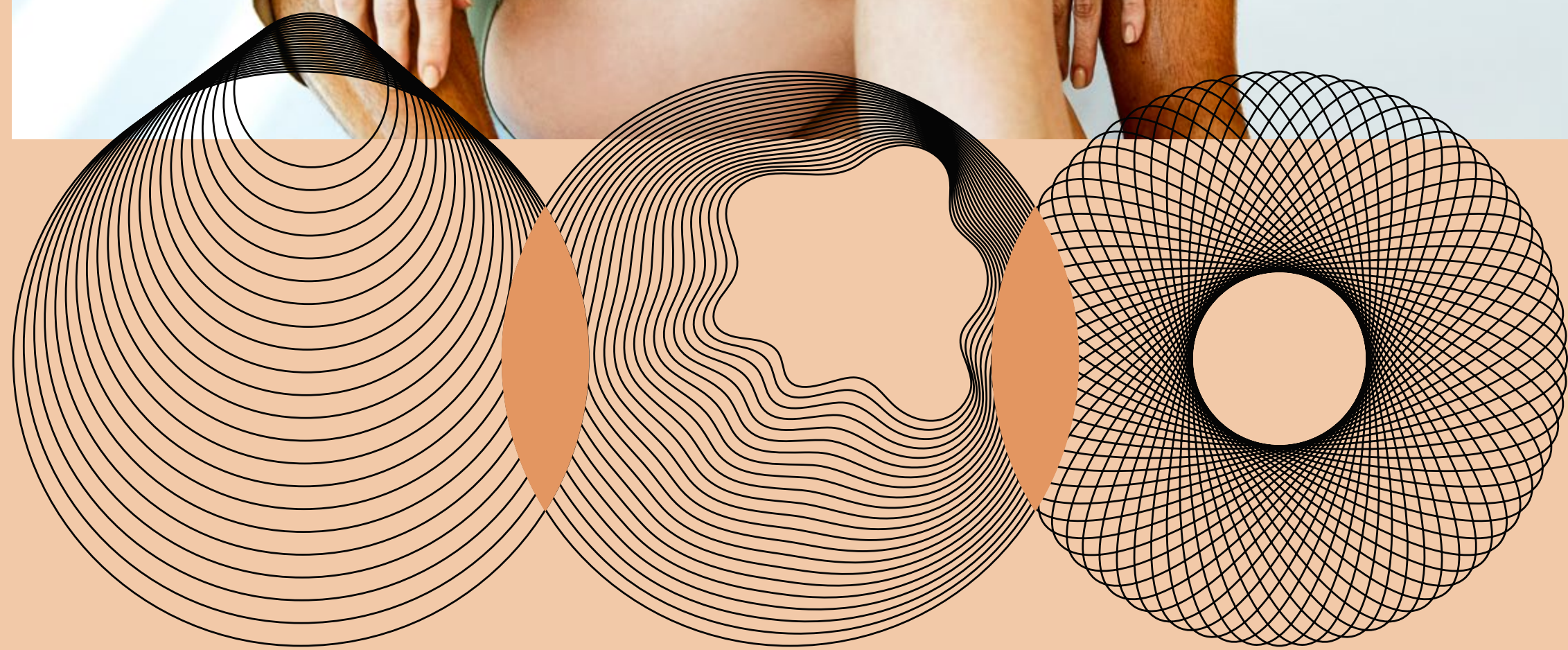


CLINICAPLANAS



REGENERATIVE
LONGEVITY

From treating symptoms to restoring the organism.



Our body has a natural capacity for regeneration, but aging, stress, or chronic inflammation reduce it. Regenerative longevity **improves the cellular environment and reactivates the biological mechanisms** that allow the body to restore its optimal function.

Optimize cellular function.



Health begins in the cells.

When a cell functions well:

- the tissue responds better
- the organ maintains its function
- the organism is balanced

Regenerative longevity protocols act on key processes:

- tissue repair
- cellular oxygenation
- regulation of inflammation
- regenerative activation

The goal is to improve the overall biological quality of the organism.

Medicine for better living.



Regenerative medicine is part of a preventive and proactive approach.

It is indicated for:

- Optimizing recovery after surgery
- Treating persistent pain or inflammation
- Addressing chronic or degenerative conditions
- Preserving long-term health

Because caring for the body today determines how we will live tomorrow.

A UNIQUE ECOSYSTEM IN EUROPE

Clínica Planas integrates 3 advanced technologies that allow for the design of personalized protocols.



PLASMA EXCHANGE

Deep cleansing of the biological environment. Through an advanced centrifugation and filtration system, accumulated substances in the plasma—such as microtoxins or pro-inflammatory elements—are removed, **creating a cleaner and more favorable environment for cellular function.**



CELL THERAPY

Stem cells modulate the system: they reduce inflammation and coordinate tissue repair. **They do not only regenerate, but also optimize the tissue recovery process.**



HYPERBARIC CHAMBER

In a pressurized environment, the body receives elevated concentrations of oxygen, **reaching areas of the body that are poorly oxygenated.** Result: improved cellular function, increased energy, and enhanced tissue repair.

Longevity and quality of life.

Regenerative longevity aims to **maintain healthy cells, reduce inflammation, and optimize biological processes.**

At Clínica Planas, the integration of technology, medical expertise, and a personalized approach allows us to design unique strategies for each patient.

Because true luxury is not only time, but the quality with which we live it.



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Regenerative Longevity