



W

# Private Ryan

Meg on Men, Marriage  
& Surviving Scandal

Lucian Freud

Planet Polo: How Ralph  
Lauren Stays on Top

Jewelry: The More the Merrier

## A Cut Above: The World's Best Plastic Surgeons

Plus: Doris Kearns Goodwin,  
Doug Cramer, Paris' Hottest Art  
Dealer & the Scoop From Suzy

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## Surgery Superstars

Scalpel, please? When it's time to go under the knife in the name of beauty, only the steadiest hands will do. Here, W's comprehensive list of top docs.

Mention "work" and, increasingly, people know you're not talking about gainful employment. These days, women are becoming experts at scanning their peers' faces and bodies for telltale signs of discreet visits to a plastic surgeon. And as women become more subtle connoisseurs of cosmetic surgery, the surgeons themselves are taking the place of shrinks as the gurus of the

new millennium. Not just any MD will do if you want to achieve the beauty ideal—and to fool everyone around you into thinking you've just had a remarkably restful holiday. The doctors on the following list, culled from years of research and interviews, all have achieved particular prominence in their fields, and many draw patients from around the globe.



**SIEGENGANG**  
THE ART OF LUXURY  
Extravagantly classic.

## Surgery Superstars

well as how they look. We bring into balance both surgery and recovery," he says. "I see how a positive self-image affects a person." Maxwell individualizes each procedure. He varies the type and shape of the implant, its location and the type of incision according to the patient's desired outcome.

**LEONARD ROUDNER, Miami 305.444.8585**

Roudner's patients, one of whom describes his work as "goddess breasts," come from all over the world—and a waiting list of up to three months for surgery attests to his popularity. Patients are advised to bring in pictures of their ideal breast shape and size. "I can, within reason, create many different breast contours, as each case and each woman is individual," Roudner says. "I listen to my patients and give them what they want." One major implant manufacturer says that Roudner is among the company's biggest customers.

**SCOTT SPEAR, Washington, D.C. 202.687.8751**

Spear prides himself not only on the cosmetic and reconstructive work for which he is world famous, but on the time and attention he gives to each of his patients. Spears says, "Often during reconstruction I will perform 'happy surgery' to give the best aesthetic results. I want to bring the standard of cosmetic work to my reconstructive patients. It's a way of turning the page."

**JOHN TEBBETTS, Dallas 214.220.2712**

Tebbetts' main goal is to educate his patients and the public in choosing the best procedure, and he has written a book on breast augmentation, *The Best Breast*. He has a trained staff member give his patients a thorough briefing on procedures before his consultation. "Your best chance for the best breast is the first operation," he advises. Tebbetts keeps operations short, minimizing trauma. "My technique is such that within 48 hours of surgery you will be, within reason, back to normal activities," he says.

### BODY

**PETER B. FODOR, Los Angeles 310.203.9818**

Fodor's deep voice soothes and gently reassures his patients. A master surgeon who cuts an elegant figure, Fodor uses the new power-assisted liposuction technique (PAL) to create the body contours so important to his high-profile clients. Up to 40 percent of Fodor's work is correcting oversuctioned, badly proportioned, drooping or uneven surfaces resulting from previous surgeries by other physicians.

**GERALD H. PITMAN, New York 212.517.2600**

Pitman has literally written the book on liposuction. His techniques, explained in his landmark textbook, *Liposuction and Aesthetic Surgery*, are studied and copied around the world. He uses the PAL technique, which he says is far quicker, less traumatic and more effective than other methods. Pitman, whom patients have called "the Michelangelo of the cosmetic world," warns against taking too much fat from any one area, which may create a hollow. He follows the body's natural form to create gorgeous silhouettes and will graft fat back into areas that have been oversuctioned.

**JORGE PLANAS, Barcelona 34.93.203.2812**

Known as one of the pioneers of syringe liposuction, Planas is a master of body contouring. He often uses suctioned fat for reinjection into areas that have lost volume or to create more pleasing contours. He has gained a high reputation in Europe and beyond for his work, which, his colleagues say, epitomizes the understated European sense of proportion.

**LUIZ TOLEDO, São Paulo, Brazil 55.11.3885.4411**

"The Northern Hemisphere's ideal body is different than the Southern Hemisphere's," says Toledo, smiling. "In Brazil, we prefer a breast that can fit in one hand and buttocks that would take several hands." Toledo sculpts the body with both liposuction and reinjection of fat, achieving superb results. "I reinject fat for volume in small increments," he says, "which assures of a higher ultimate retention rate." He is known for his wonderful craftsmanship in the modeling of curves and form.

—SHANNON PORTER LEEMAN